

March 5,  
2021

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# Spring Bluff R-XV

| Upcoming Events                             | Date        |
|---|-------------|
| National School Breakfast Week              | 3/8-3/12    |
| Kindergarten Screenings-By Appointment Only | 3/11        |
| End of 3rd Qtr                              | 3/12        |
| Parent & Teacher Conferences                | 3/15 & 3/16 |
| No School                                   | 3/19 & 3/22 |

## No Cost School Meals Continue Through May 2021

Spring Bluff R-XV students will be able to eat breakfast and lunch at no cost through the remainder of the school year. Our school received approval on September 18 to offer this program to all district students through an approved waiver from the Department of Elementary and Secondary Education.

Only full trays are covered under this program. All ala carte items and extra milks will be applied to student accounts as normal. This program will not cover any unpaid balances to date. All negative balance accounts will continue to receive weekly notices. All positive lunch balances will remain in student accounts and will be available when the waiver is no longer in effect.



March 15 & 16

4:30-7:30

All K-5 parents have been contacted to schedule an in person or phone conference. Reach out to your child's teacher if you have any questions.

Middle school teachers will conduct in person conferences in the cafeteria both nights. Anyone who responded to the survey asking for a phone conference will receive a call.

All individuals, ages 5 and older, are required to wear a mask to attend in person conferences. Thank you for your cooperation and ensuring our staff stays safe!



# National School Breakfast Week

What is National School Breakfast Week?



National School Breakfast Week (NSBW) celebrates the importance of a nutritious school breakfast in fueling students for success. This year's theme, "Score Big with School Breakfast," reminds parents and stakeholders that a healthy school breakfast helps ensure students' academic success in school so they can "score big" and reach their goals.

In these uncertain times, busy weekday mornings make it even more of a challenge for many families to find time for a healthy breakfast, so it is a great time to try school breakfast! . NSBW is the perfect time to bring attention to our current breakfast program.

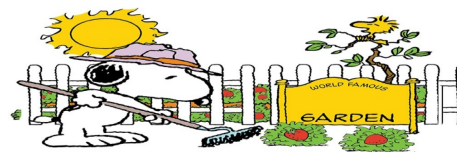
Studies show that children who eat school breakfast are more likely to:

- Reach higher levels of achievement in reading and math
- Score higher on standardized tests
  - Have better concentration and memory
  - Be more alert and maintain a healthy weight

**SCORE  
BIG** WITH SCHOOL  
BREAKFAST



8th Grade students, Molly and Ava, are putting their muscles to work to help get our raised beds ready for spring planting.



Katie Richarz

School Counselor

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## Spring is in the Air!

Being outdoors can improve:

- ◆ your mood
- ◆ reduce the feelings of stress and anger
- ◆ help you take time out and feel more relaxed
- ◆ improve your physical health
- ◆ improve your confidence and self-esteem
- ◆ help you to be more active.

Tuesday, March 2, Title I and PAT teamed up to celebrate Dr. Suess's birthday through a Zoom meeting. After a short informational meeting on the importance of reading daily with your child and the effect it has on standardized testing, the kiddos went into break-out sessions with Mrs. Binsbacher and Ms. Richards for story sharing and a craft. It was a fun event and we are looking forward to more in the near future. Be looking for information in the newsletter for future events.



**Title I & Parents as Teachers  
Celebrate  
Dr. Suess' Birthday**



**Kids Heart  
Challenge  
Celebration!**

